



**THE DRAGON BLACK BELT ACADEMY INTERNATIONAL 2024 INVITATIONAL REGIONAL  
CHAMPIONSHIPS**

**Milton Community Centre, Coles Road, MILTON, Cambs, CB24 6BL**

**Sunday 17<sup>th</sup> November 9am until 4pm**

**(Doors open from 8:30am, competitor line up 9am)**

**CHAMPIONSHIP RULES**

**HYUNGS**

Competitors maybe asked to perform individually or in pairs.

Five judges will score the hyungs with the highest and lowest score removed to give the final result. (We reserve the right to use three judges, dependant on the number of SBN's and Dan grades available)

In the event of a draw both competitors will perform again and the judges will make their decision by way of pointing to the winner.

Weapons Hyung will be open i.e. any weapon/pattern can be performed.

**SPARRING**

The sparring competition will be run on a straight knockout system, there will be no losers rounds. Five or Three referees will be used depending on availability. Any referee can call a point.

All sparring rounds will be 2 minutes long but will automatically finish if either competitor manages to score 5 points clear.

In the event of a tie, there will be no extra time, but will proceed to sudden death (next point wins) scoring. (The winning point does not need to be a unanimous score).

**SCORING**

1 point - backfist to the head

1 point - reverse punch/lunging jab to the body

1 point – any kick to the body or head

2 points – any spinning or jumping kicks to the body or head (Jumping kicks, both feet must be off the floor at the point of impact)

2 points – CLEAR block followed by an immediate counter technique.

SPINNING BACKFISTS, SWEEPS, HOOKS, UPPERCUTS AND ALL OPEN HAND  
TECHNIQUES ARE ALL BARRED

NO CONTACT BELOW THE BELT, BACK OF THE HEAD OR TO THE FACE. THERE MUST BE  
CONTROLLED CONTACT AT EVERY LEVEL. (Excessive contact causing blood or injury will  
result in disqualification)

ALL FIGHTERS MUST HAVE FULL SPARRING EQUIPMENT, head guard, gum guard, gloves  
(covering fingers), feet pads (covering toes), groin and chest guards if necessary.

If you have any questions please ask your instructor OR  
contact Master Gentle : [gabriella.gentle@hotmail.co.uk](mailto:gabriella.gentle@hotmail.co.uk) or Master Clarke :  
[Simonaclarke1968@gmail.com](mailto:Simonaclarke1968@gmail.com)